



TRUSTEES ANNUAL REPORT 2024-5

Company Number: 04127409

Charity Number: 1085709



~~Alternatives to Violence Project, Britain~~  
Trustees Annual Report

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the unaudited financial statements of the charity for the year ended 31 March 2025.

REFERENCE AND ADMINISTRATIVE DETAILS

Company No. 04127409

Charity No. 1085709

Registered Office

A V P Britain  
Brick Yard  
28 Charles Square  
London  
N1 6HT

Directors and Trustees

The Directors of the charitable company are its Trustees for the purposes of charity law.  
The following Directors and Trustees served during the year:

A.G. Charlton	
K.B. Churchill	
M. Dellapina	
A. Dzhuras-Dotta	(Resigned 5 February 2025)
C.L. Eves	(Resigned 5 February 2025)
Y. Gu	(Resigned 29 May 2025)
E.J. Harris	(Resigned 24 April 2024)
N. Mendez	

Accountants

BVSC  
Latham House  
33-34 Paradise Street  
Birmingham  
B1 2AJ

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

Signed on behalf of the board

N. Mendez  
2/12/25.



~~Alternatives to Violence Project, Britain~~  
Trustees Annual Report

N. Mendez

Trustee

31 October 2025

N. Mendez

NATALIE MENDEZ

2/12/25.

# Trustees Annual Report 2024-5

## CONTENTS

THE HISTORY OF AVP	3-5
WHO IS AVP BRITAIN?	6-7
MY EXPERIENCE OF AVPB AND TRANSFORMING POWER	8-9
WORKSHOPS	10-13
DISTANCE LEARNING COURSE	13-19
THE FUTURE OF AVPB	20-21
FINANCE AND THANK YOU!	22-23



# Trustees Annual Report 2024-5

## THE HISTORY OF AVP

In September 1971, 2200 prisoners at Attica Correctional Facility in New York, rebelled against poor living conditions, demanding social justice and racial equity. 43 people lost their lives in the riots (32 prisoners and 11 correctional officers) and 90 were wounded. 50 years on the Attica riots were documented by academy award winner Stanley Nelson and CBS news.

[Attica Prison Riot 50 years later](#)

▶ Attica Official Trailer (2021) | SHOWTIME Documentary Film

Several prisoners, who had witnessed the riots, were transferred to Greenhaven Prison in New York and formed a 'Think Tank'. The group was concerned about the rising number of young men being imprisoned for minor offences and returning for more serious and increasingly violent offences.

At the same time, there was growing global conflict and protests against the Vietnam War. Communities were opposed to the war, the racial and class disparities in drafting people to serve; and the war's devastating impact on society and loss of lives, since it began in 1955.

▶ Vietnam War Protest Movement

Together, the 'Think Tank', the Society of Friends (Quakers), Eddie Ellis (a prisoner who later became recognised for his work on prison reform), Bernard Lafayette (a freedom march activist, working closely with Martin Luther J king) worked together to develop AVP.

The first AVP workshop was delivered in 1975 at Greenhaven Prison in New York (see picture below).

## Trustees Annual Report 2024-5



From Left to Right: Ellen Lindop, Janet Lugo, Bernard Lafayette, Helen Stabler, Gary Eikenberry, Larry Apsey.

It became apparent that violence and conflict was as much outside the prison gates, as it was inside. Community, school and youth programs, in the form of AVP's, started to spread throughout America and globally. Whilst projects are independent, they remain closely aligned with their Quaker roots and aims to promote social justice and reduce violence. AVP's are active now in over 60 countries worldwide.

In May 2025, AVP International and AVP USA celebrated 50 years of AVP across the globe at its national gathering at Mantenville University in New York. Below is a picture of some of the AVP International Coordinating Committee who met at the event, provided with permission by AVP International President Don McPhee (top row middle) who is also a volunteer facilitator for AVPB. Bottom row left is Vice President Maji Peterx.



## Trustees Annual Report 2024-5



# Trustees Annual Report 2024-5

## **WHO IS AVP BRITAIN?**

Alternatives to Violence Project Britain (AVPB) became a charitable company on 18.12.2000 (registered by the Charity's Commission for England and Wales and Companies House as a private limited company by guarantee without share capital). On 16.02.2008, AVPB was registered with the OSCR Scottish charity regulator.

The charity aims to provide conflict resolution programmes, to relieve those affected by violence and abuse in their own lives, through the provision of experiential workshops and a distance learning program. The purpose is to develop people's abilities to resolve conflict without resorting to violence, finding alternative ways to resolve conflict.

Our Trustees are recruited, via advertisements on LinkedIn, Reach Volunteering, The Institute of Chartered Accountants of England and Wales (ICAEW) and; through Cause Strategy Partners, a non-profit board matching service (Board Lead). Trustees are appointed for a term of three years which can be repeated for a maximum tenure of six years.

We want to say a huge thank you to the following trustees who supported AVPB in 2024-5 and the preceding year/s.

Alexandra Dzurhas-Dotta (resigned 05.02.2025)

Catherine Lucy Eves (resigned 05.02.2025)

Yuchao Gu (resigned 29.05.2025)

Elizabeth Jane Harris (resigned 24.04.2025)



## Trustees Annual Report 2024-5

AVPB's Trustee induction includes:

- Attendance at an AVPB workshop (on-line or in-person).
- The governing document, past board papers and annual report.
- Legal compliance training with Stoneking.
- Trustee training modules with the ICAEW.
- The Essential Trustee CC3 guidance.

The trustee induction pack for new trustees to the board is currently under development for 2025. A trustee skills audit was completed in early 2025 to identify the skills mix needed on the board, for succession planning and the sustainability of the charity. Skills and experience highlighted were: legal and regulatory compliance, marketing, fundraising, finance and safeguarding.

Trustees have had regard to the Charity Commission's public benefit guidance [Public benefit: reporting \(PB3\) - GOV.UK](#) and have complied with their duty.

We have two part-time staff (1.1FTE), 55 volunteers, and 9 volunteer trainee facilitators (due to commence training in September 2025), working to support the charity in administrative roles, as distance learning assessors and as volunteer facilitators (delivering in-person programmes at our London office and online, across England, Wales and Scotland).

# Trustees Annual Report 2024-5

## **MY EXPERIENCE OF AVPB and TRANSFORMING POWER**

We want to thank all our staff and volunteers for their dedication and commitment to AVPB. In our 'My Experience of AVPB 2024-5' survey, volunteers (ranging from working with AVPB for several months to over 10 years), told us the value that being part of the AVPB community has brought them and how they 'live' AVP principles of Transforming Power in their everyday lives, (see AVP Transforming Power Mandala below).



### **What value do you get from volunteering at AVPB?**

"For me the answer is that I enjoy it! The meeting and interactions with new people is always interesting and helps me learn about myself, and connecting with them gives me a sense of purpose and belonging, as well as the hope that in some tiny way I'm contributing to human happiness (which is one of my personal 'five commandments')"

"I learn so much from the AVP workshops and love the fact that we can make a positive difference in people's lives."

"It has made me more aware of the mistakes I have made, less judgemental and more aware that everyone's path in life is unique...provides each one of us with opportunities to learn and grow..."



# Trustees Annual Report 2024-5

## What is it that we do at AVPB that makes it work?

1. We are accepting of everyone, but with agreed ground rules and boundaries.
2. We create a safe space for people to express their deeper feelings, including vulnerability and anxieties - feelings which many men in particular find hard to acknowledge in other contexts which can lead to aggressive and harmful behaviour;
3. We include games and fun community-building activities which create trust and put people at ease;
4. We are all teachers and all learners, and put this into practice in our leadership style.
5. We show participants that we see them as equals who all have something to offer, and that we believe in their capacity to make positive changes in their lives.

Volunteer Workshop Facilitator 12 years at AVPB.

## When you think about working or volunteering at AVPB what words or phrases do you think of?



# Trustees Annual Report 2024-5

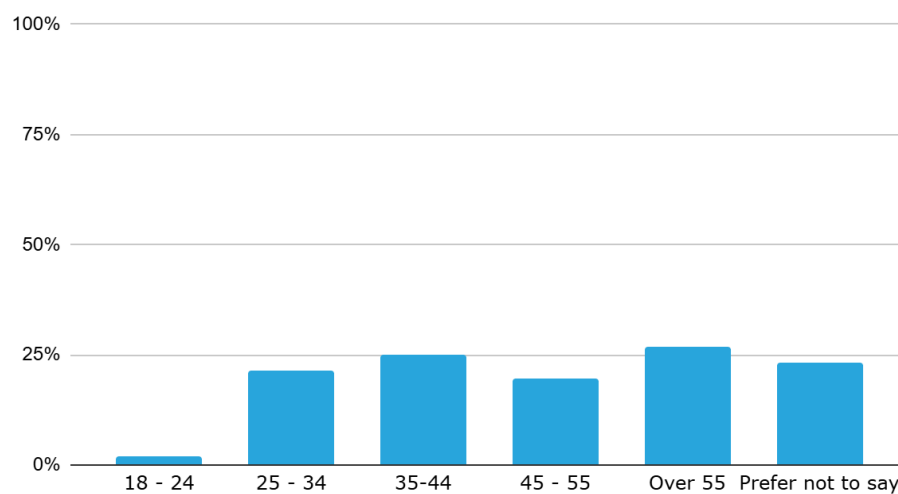
## Workshops 2024-5

From April 2024 - March 2025 we engaged a total of 141 participants in our conflict resolution workshops.

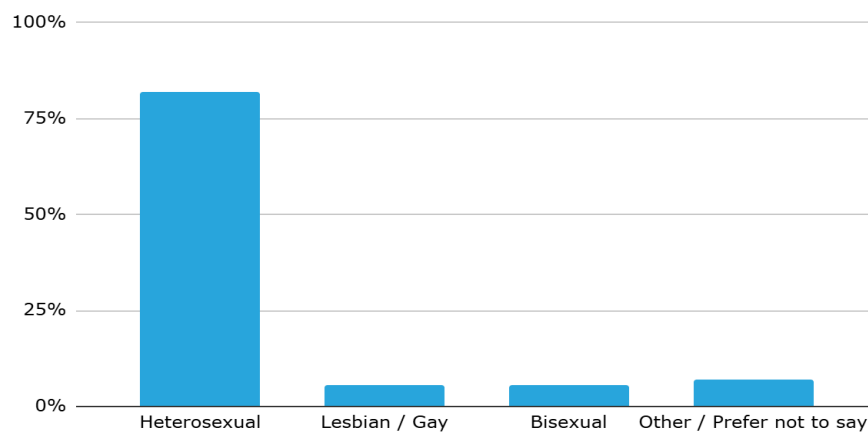
	Online	Hybrid	F2F	<b><i>TOTAL (141)</i></b>
Level 1	60	<i>n/a</i>	40	100
Level 2	15	10	16	41

## Workshops EDI Statistics

### Age



### Sexual Orientation

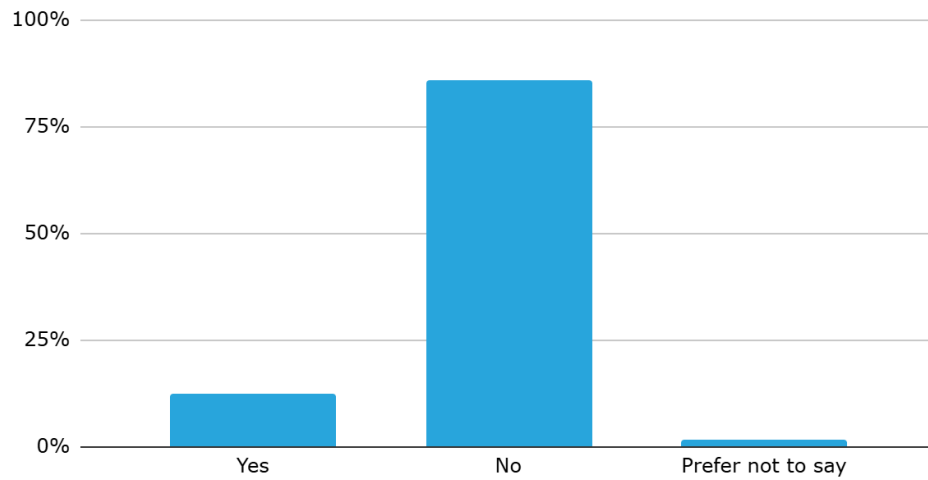




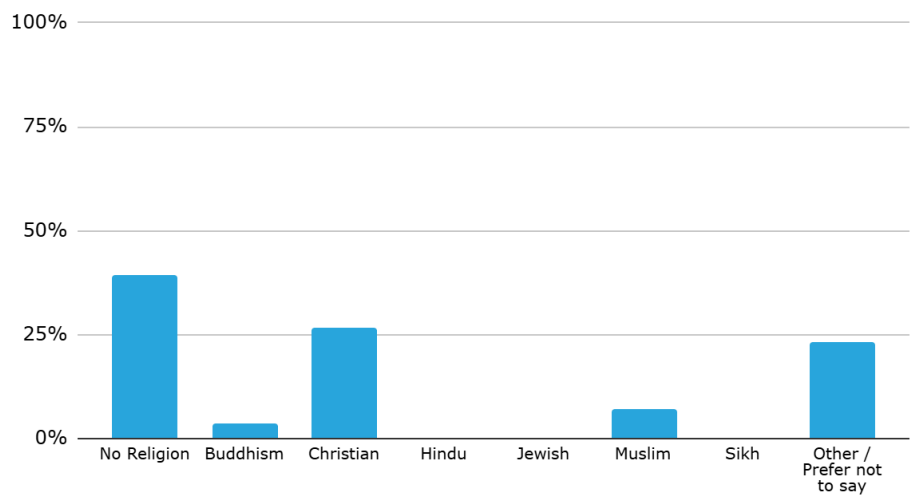
# Trustees Annual Report 2024-5

## Disability

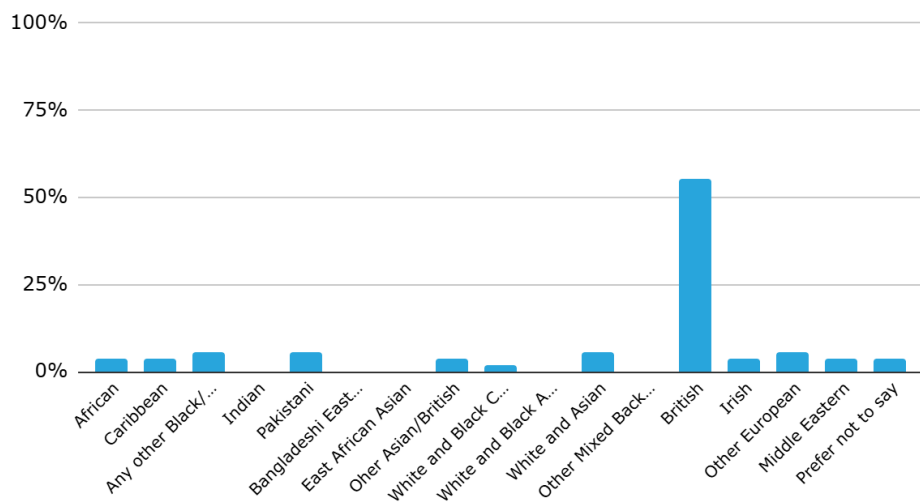
*Based on the Equalities Act 2010 definition, do you consider yourself to be disabled?*



## Religion



## Ethnicity



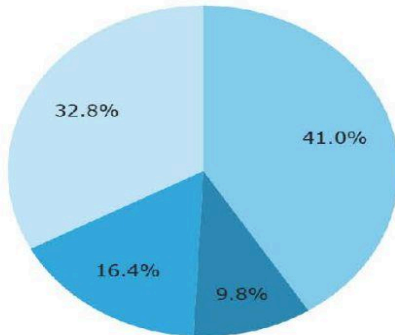
# Trustees Annual Report 2024-5

## What did our workshop learners say?

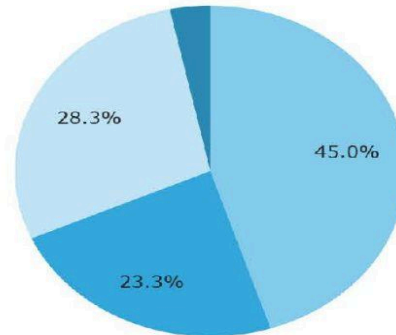
### Workshop Feedback 2024-25

● A great deal better   ● A lot better   ● A little better   ● No better than before

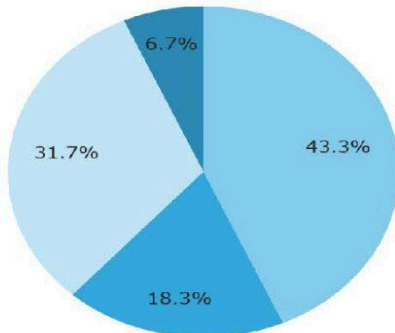
I know how to show the person that I am listening



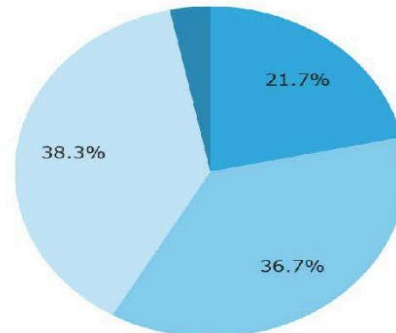
I can say what I think and feel without blaming someone else



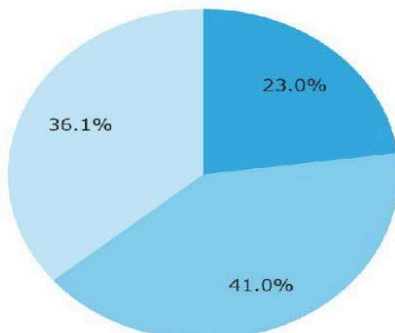
I can look at the situation from the other persons point of view



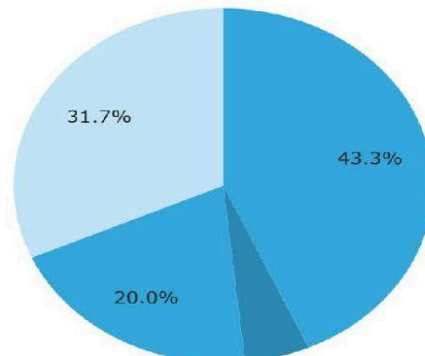
I can use skills/techniques to help me resolve conflict non-violently



I now feel confident or optimistic about how I will manage conflict



I know why I get angry



## Trustees Annual Report 2024-5

*"Honestly it's made me a better person and gives me the chance to deal with situations better. I was nervous and skeptical at first but I've enjoyed it so much, more than I thought I would have"* **Online Level 1, September 2024**

*"Very safe, open, trustful atmosphere. I learned from other participants as well as facilitators"* **Face-to-Face Level 1, March 2025**

*"This is an excellent course for those struggling with conflict, either within themselves or with others"* **Face-to-Face Level 2, February 2025**

*"Well presented and covers all the major areas of the daily life and how to confront others without considering any aggression"* **Hybrid Level 2, June 2024**

### **DISTANCE LEARNING COURSE 2024-5**

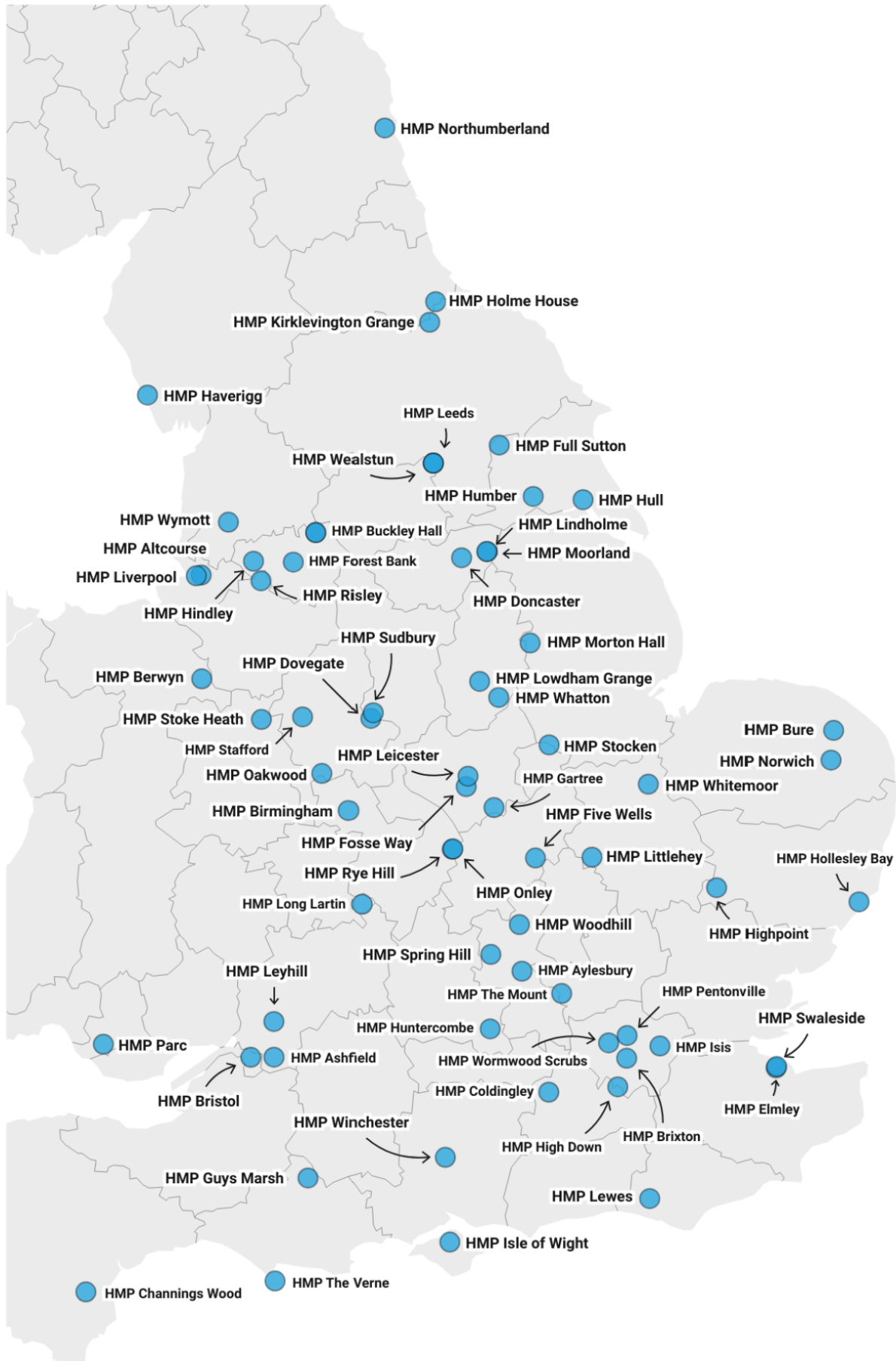
Since AVPB's ***Facing Up to Conflict (FUTC) Distance Learning Course*** started in 2011, it has reached **10,592** learners in prisons and communities across the UK.

In 2024-5 the ***FUTC*** course reached 968 prison learners and 63 community learners totalling **1031 enrollments**, with 745 learners completing the level 1 (72.4% completion rate) and level 2 (70.9% completion rate).



# Trustees Annual Report 2024-5

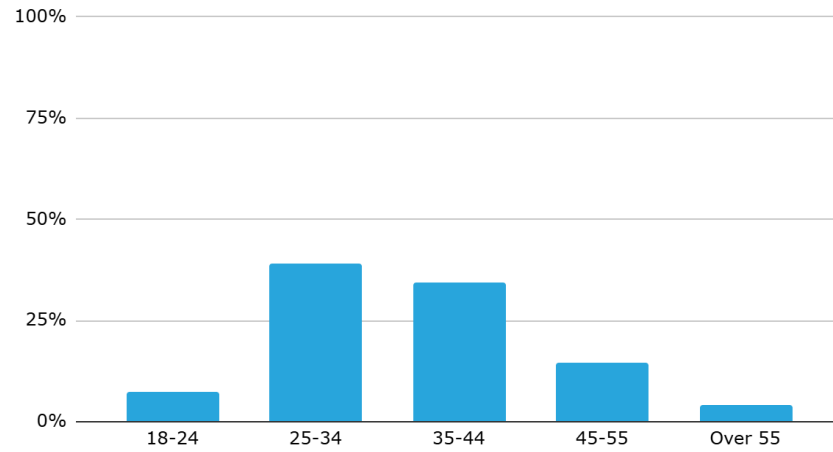
**AVPB reached prisons learners in 66 prisons across 39 counties**



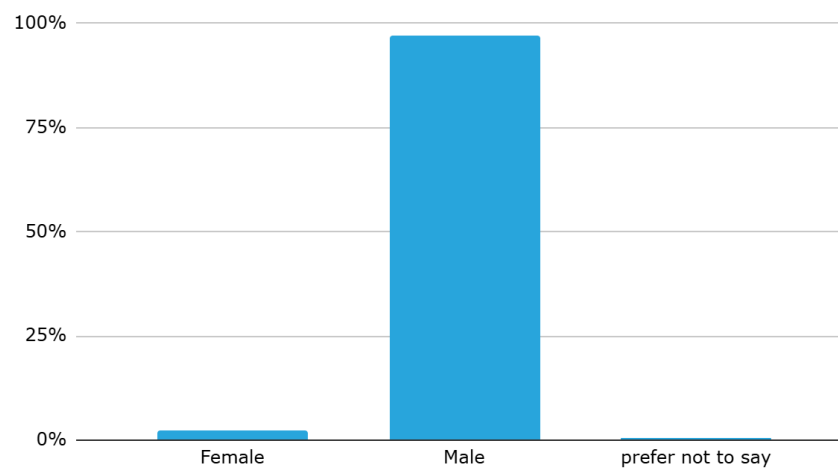
# Trustees Annual Report 2024-5

## DL EDI Statistics 2024-25

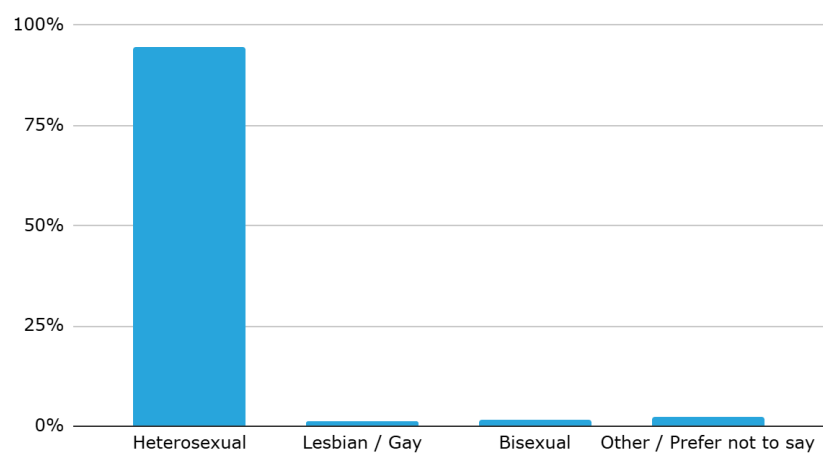
### Age



### Gender



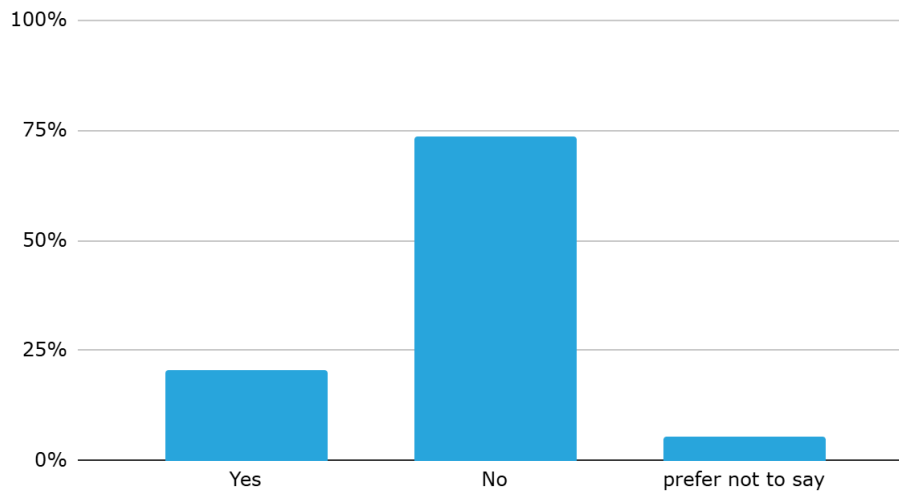
### Sexual Orientation



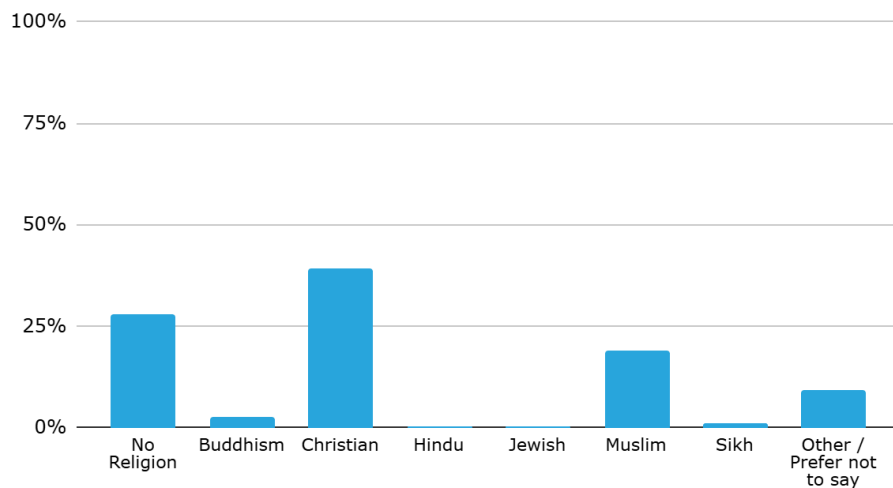
# Trustees Annual Report 2024-5

## Disability

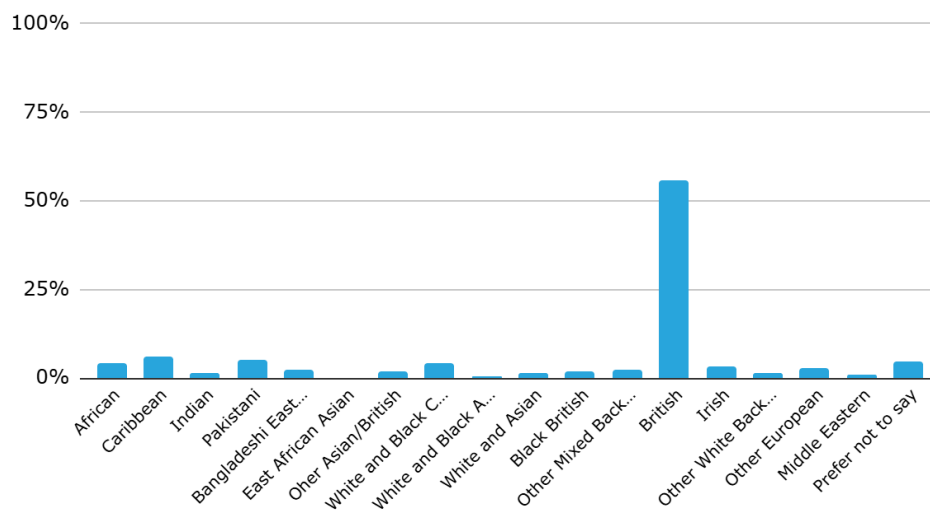
Based on the Equalities Act 2010 definition, do you consider yourself to be disabled?



## Religion



## Ethnicity





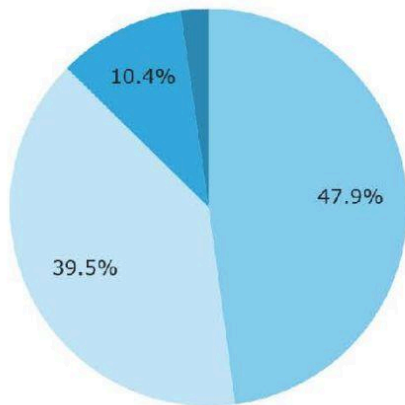
# Trustees Annual Report 2024-5

## What did our DL learners say?

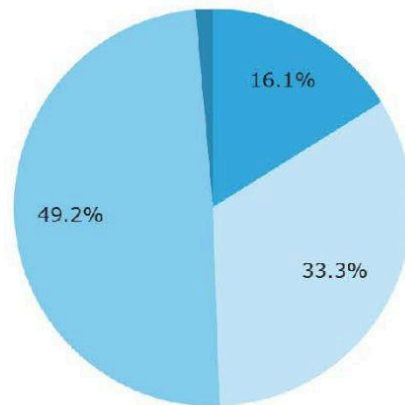
### FUTC DL Feedback 2024-25

● A great deal better ● A lot better ● A little better ● No better than before

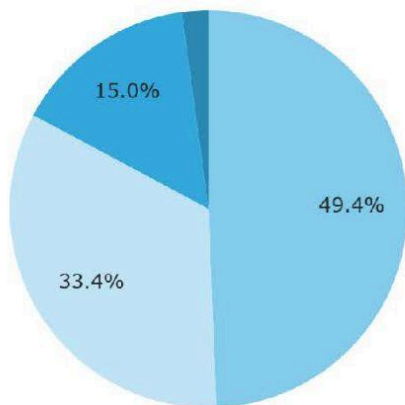
I know how to show the other person I am listening



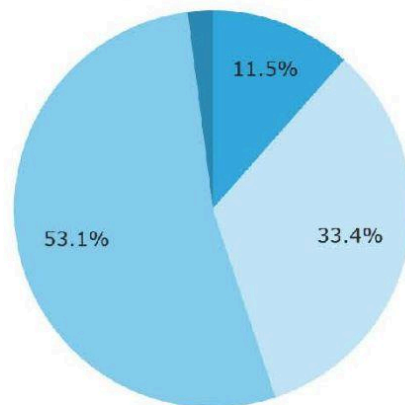
I can say what I think and feel without blaming someone else



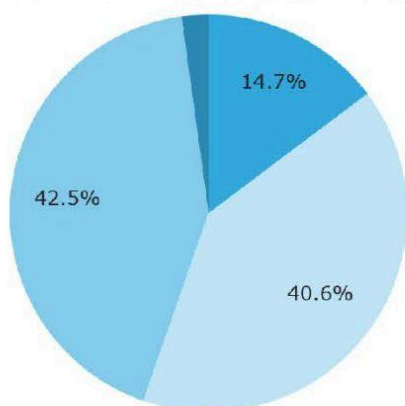
I can look at the situation from the other person's point of view



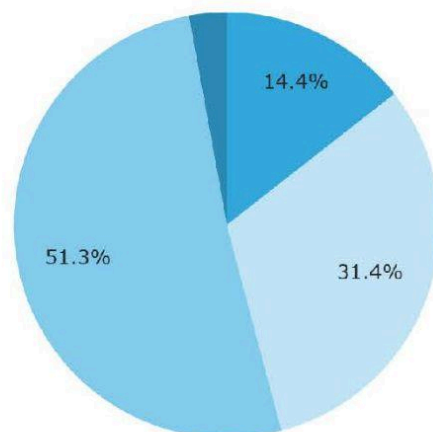
I can use skills/techniques to help me resolve conflicts



I now feel more confident or optimistic about how I will manage conflict



I can now cool off when I am angry



## Trustees Annual Report 2024-5

47.7% of learners rated the course as Excellent.

46.6% of learners rated the course as Good

5.2% of learners rated the course as OK

97.7% of learners told us that the course met their expectations.

2.2% of learners told us that the course did not meet their expectations.

*"I cannot thank you enough for the life skills you have given me, I have had several chances to use the information learnt, and I have been told by several people that they have seen quite a large change in my demeanor, when problems crop up."* **Prison learner, HMP Littlehey**

*"This course had been enlightening and got me to think about conflict differently and from other viewpoints, which is important to minimise situations and solve problems in a productive manner. If I had these skills earlier in my life, I may not have committed my crime, but going forward I'm now much more prepared for a crime free life."* **Prison learner, HMP Whitemoor**

## Trustees Annual Report 2024-5

*"Just wanted to let you know that yesterday we held a small event at Oakwood for approx 25 prisoners who have recently completed AVP. The Director, Deputy Director and Head of Residence attended to commend the prisoners on completing the course. We wanted to ensure that prisoners understood that as a prison we recognise the efforts they are putting into addressing violent behaviour.*

*The prisoners reported that it was really nice to be acknowledged and felt proud of themselves for completing the course. There was really good feedback about the course as a whole. Prisoners reported that they like the course and found it very useful. Some stated they had done other courses relating to addressing violence and that AVP acted as a refresher but also taught them new strategies.*

*They also liked that it was a course they could complete in their own time independently. In particular they liked the feedback that they get when receiving the certificate. They felt that this was a really nice touch for them to understand where they had done well and where they could have improved.*

*All in all, AVP is viewed as a very positive, well structured and enjoyable course to complete. It has encouraged some to want to do more independent courses to assist with their personal progression.*

*Thank you for working with us at Oakwood, it's proving to have very positive outcomes for all."* **Feedback from Residential Manager - HMP Oakwood, August 2024**



# Trustees Annual Report 2024-5

## THE FUTURE OF AVPB

In March 2025, we had the opportunity of working with the Cranfield Trust who supported our board of trustees to explore and decide on the future direction of AVPB. Our strategy for 2026-8 is as follows:

### Our Strategic Priorities 2026-8

AVPB will continue to offer conflict resolution courses to communities and prisons across the UK. In the next 3 years, we will work to ensure that:

1. We reach more people in the family justice system, through our conflict resolution workshops, empowering them, with the skills to build better relationships and navigate conflict non-violently.
2. Our distance learning course is reviewed, accredited and approved by HMPPS as a credible learning resource for prisons and we reach more prison learners.
3. Our conflict resolution workshops are externally evaluated, so that we have the research from which to improve, we can clearly communicate outcomes, measure impact, share our findings and become a known and credible national provider.
4. We **promote** the long-term sustainability of the charity through sound governance and financial stability.

### Our Supporting Factors

1. People and Culture: Our staff and volunteers are well-led and trained, feel safe, supported and included, are diverse and guided by our core values and strategic priorities.
2. Income Generation: Our income sources are diversified and we significantly increase our revenue.
3. Evaluation and Impact: Our methods and processes for evaluation and impact monitoring are improved. We understand the value of our courses and we listen and learn to what people need.
4. Systems and Processes: Our systems and processes work for our staff and the people we support.
5. Brand Awareness and Communications: Our brand, website and social media presence is updated, so that it reflects who we are and what we do.

# Trustees Annual Report 2024-5

## Our Core Values

1. **Community** and Collaboration
2. **Resilience** and Joy
3. **Empowerment** and Learning  
**a**
4. **Transformation** and Impact
5. **Equity** and Inclusion

## Our Purpose

To empower people to build better relationships, by enabling them to navigate conflict nonviolently.

## Our Mission

We provide experiential workshops, in-person and online; and distance learning courses which give people the necessary skills to navigate conflict nonviolently and empower them to build better relationships.

## Our Vision

A world where everyone has the courage and capacity to manage conflict nonviolently.

# Trustees Annual Report 2024-5

## **FINANCE and THANK YOU!**

At AVPB we couldn't do what we do, without the generous grants and donations from our funders and donors. We would like to thank all our individual donors, fundraisers and funders in 2024-5 including:

The Thomas Sivewright Charitable Settlement  
1772 The Debtors Relief Fund Charity  
The Flapjack Trust  
Sir James Reckitt Charity  
Bergne-Coupland Charity  
The Fulmer Charitable Trust  
Souter Charitable Trust  
The Albert Hunt Trust  
The MBILI Charitable Trust  
The Robert and Margaret Moss Charitable Trust  
William Bancroft Charitable Trust  
WF Southall Trust  
29 May 1961 Charitable Trust  
The William Allen Young Charitable Trust  
Sylvia and Colin Shepherd Charitable Trust  
Garfield Weston  
The CPF Trust  
Stone King Foundation  
The Oak Trust  
The Bryan Guinness Charitable Trust  
William Howarth Charitable Trust  
The Mollie Croysdale Charitable Trust  
The William A Cadbury Charitable Trust  
GM Morrison Charitable Trust  
The Edith M Ellis 1985 Charitable Trust  
The Charles and Elsie Sykes Charitable Trust  
Edward Cadbury Trust  
London Quaker Trust



# Trustees Annual Report 2024-5

## **Income:**

Restricted grants: £73,914

Unrestricted donations: £10,673

Unrestricted from charitable activities: £15,065

Unrestricted investments £1,098

**Total: £100,750**

## **Expenditure:**

Raising funds: £2,265

Charitable activities: £4,797

Other: £90,795

**Total: £97,857**

N.B. The majority of our expenses (e.g. other) relate to staff, premises and general costs associated with running our charitable activities. As with many charities we need to do a lot of fundraising so we can continue to work with adults and respond to their needs.

## **Funds at 31st March 25:**

Unrestricted: £74,882

Restricted: £20,697

**Total: £95,579**

## **Reserves Policy (updated 5.11.25)**

- As part of our annual budget-setting, the trustees consider what the appropriate level of reserves to maintain should be. The trustees retain funds to provide working capital, manage unexpected drops in income, handle unexpected increases in expenditure and provide cover against a range of risks.
- The trustees consider reserves (unrestricted funds) between £21,000 and £42,000 to be appropriate, which is the approximate amount of between 3-6 months of operating costs.
- The trustees will monitor the level of reserves as part of the financial review at each quarterly board meeting.
- Where AVPB is unable to meet this reserves limit, the board of trustees will agree to a plan to increase the unrestricted income on a yearly basis.
- This policy will be reviewed yearly inline with the trustees commitment to maintain the financial stability and resilience of the charity.

I report to the charity trustees on my examination of the financial statements of Alternatives to Violence Project, Britain for the year ended 31 March 2025.

#### Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act).

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

#### Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Jasbir Rai ACMA  
BVSC  
Latham House  
33-34 Paradise Street  
Birmingham

B1 2AJ  
22 December 2025



**Alternatives to Violence Project, Britain**  
**Statement of Financial Activities**  
for the year ended 31 March 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
<b>Income and endowments from:</b>					
Donations and legacies	4	10,673	73,914	84,587	89,832
Charitable activities	5	15,065	-	15,065	15,975
Investments	6	1,098	-	1,098	-
<b>Total</b>		<b>26,836</b>	<b>73,914</b>	<b>100,750</b>	<b>105,807</b>
<b>Expenditure on:</b>					
Raising funds	7	2,265	-	2,265	396
Charitable activities	8	179	4,618	4,797	3,251
Other	9	14,137	76,658	90,795	89,764
<b>Total</b>		<b>16,581</b>	<b>81,276</b>	<b>97,857</b>	<b>93,411</b>
Net gains on investments		-	-	-	-
Net income	10	10,255	(7,362)	2,893	12,396
Transfers between funds		-	-	-	-
Net income before other gains/(losses)		10,255	(7,362)	2,893	12,396
Other gains and losses					
Net movement in funds		10,255	(7,362)	2,893	12,396
<b>Reconciliation of funds:</b>					
Total funds brought forward		64,627	28,059	92,686	80,290
Total funds carried forward		74,882	20,697	95,579	92,686

NATALIE MENDEZ 2/12/25 N. Mendez



Alternatives to Violence Project, Britain  
Summary Income and Expenditure Account  
for the year ended 31 March 2025

	2025 £	2024 £
Income	99,652	105,807
Interest and investment income	1,098	-
Gross income for the year	<u>100,750</u>	<u>105,807</u>
Expenditure	97,857	93,411
Total expenditure for the year	<u>97,857</u>	<u>93,411</u>
Net income before tax for the year	2,893	12,396
Net income for the year	<u>2,893</u>	<u>12,396</u>

NATALIE MENDEZ 02/12/25 N. Mendez



**Alternatives to Violence Project, Britain**

**Balance Sheet**

at 31 March 2025

Company No. 04127409

	Notes	2025 £	2024 £
<b>Current assets</b>			
Cash at bank and in hand		100,046	92,980
		<u>100,046</u>	<u>92,980</u>
Creditors: Amount falling due within one year	12	(4,467)	(294)
Net current assets		<u>95,579</u>	<u>92,686</u>
Total assets less current liabilities		<u>95,579</u>	<u>92,686</u>
Net assets excluding pension asset or liability		<u>95,579</u>	<u>92,686</u>
Total net assets		<u>95,579</u>	<u>92,686</u>
<b>The funds of the charity</b>			
Restricted funds	13		
Restricted income funds		20,697	28,059
		<u>20,697</u>	<u>28,059</u>
Unrestricted funds	13		
General funds		74,882	64,627
		<u>74,882</u>	<u>64,627</u>
Reserves	13		
Total funds		<u>95,579</u>	<u>92,686</u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

For the year ended 31 March 2025 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 31 October 2025

And signed on its behalf by:

N. Mendez

Trustee

31 October 2025

NATALIE MENDEZ 02/12/25 N. Mendez

5



# Alternatives to Violence Project, Britain

## Notes to the Accounts

for the year ended 31 March 2025

### 1 Accounting policies

#### Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

#### Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

#### Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
-----------------------	---

Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
---------------------------------	--

Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
------------------------	--

Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
-------------------------------------	---

Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
---------------------------------	--

Volunteer help	The value of any volunteer help received is not included in the accounts.
----------------	---

Investment income	This is included in the accounts when receivable.
-------------------	---

Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
---	---

Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.
-------------------------------------	--

NATALIE MENDOZA 2/12/25 N. Mendoza

6



## Alternatives to Violence Project, Britain

### Notes to the Accounts

#### Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

#### Taxation

The charity is exempt from corporation tax on its charitable activities.

#### Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

#### Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

#### Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

#### Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

## 2 Company status

The company is a private company limited by guarantee and consequently does not have share capital.

NATALIE MENDEZ 2/12/25 N. Mendez

7



# Alternatives to Violence Project, Britain

## Notes to the Accounts

### 3 Statement of Financial Activities - prior year

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Income and endowments from:			
Donations and legacies	16,106	73,726	89,832
Charitable activities	15,975	-	15,975
Total	32,081	73,726	105,807
Expenditure on:			
Raising funds	396	-	396
Charitable activities	52,778	35,859	88,637
Other	4,378	-	4,378
Total	57,552	35,859	93,411
Net income	(25,471)	37,867	12,396
Net income before other gains/(losses)	(25,471)	37,867	12,396
Other gains and losses:			
Net movement in funds	(25,471)	37,867	12,396
Reconciliation of funds:			
Total funds brought forward	32,321	48,705	81,026
Total funds carried forward	6,850	86,572	93,422

### 4 Income from donations and legacies

	Unrestricted £	Restricted £	Total 2025 £	Total 2024 £
Donations	5,470	-	5,470	6,106
Grants	5,000	73,914	78,914	83,726
Gift Aid	203	-	203	-
	10,673	73,914	84,587	89,832

NATALIE MENDLER 02/12/25 N. Mendler

(f)



5 Income from charitable activities

	Unrestricted	Total 2025	Total 2024
	£	£	£
Workshop Online	7,240	7,240	11,122
Workshop Face to Face	3,550	3,550	-
Distance Learning (Prisons)	2,360	2,360	4,853
Distance Learning (Communities)	1,915	1,915	-
	<u>15,065</u>	<u>15,065</u>	<u>15,975</u>

6 Income from investments

	Unrestricted	Total 2025	Total 2024
	£	£	£
Bank Interest	1,098	1,098	-
	<u>1,098</u>	<u>1,098</u>	<u>-</u>

7 Expenditure on raising funds

	Unrestricted	Total 2025	Total 2024
	£	£	£
<i>Fundraising trading costs</i>			
Eventbrite fees	1,005	1,005	-
Justgiving fees	39	39	-
Fundraising Costs	1,221	1,221	396
	<u>2,265</u>	<u>2,265</u>	<u>396</u>

8 Expenditure on charitable activities

	Unrestricted	Restricted	Total 2025	Total 2024
	£	£	£	£
<i>Expenditure on charitable activities</i>				
Workshop Expenses	179	1,222	1,401	3,251
Facilitator Expenses	0	3,396	3,396	-
Governance costs				
	<u>179</u>	<u>4,618</u>	<u>4,797</u>	<u>3,251</u>

NATALIE MENDOZA

02/12/25 N. Mendoza

(9)



Alternatives to Violence Project, Britain  
Notes to the Accounts

9 Other expenditure

	Unrestricted	Restricted	Total 2025	Total 2024
	£	£	£	£
Return of previous year				
Lottery Grant	0	7,362	7,362	-
Employee costs	1,480	51,876	53,356	64,777
Premises costs	3,026	10,500	13,526	13,089
General administrative costs	3,721	6,921	10,642	8,378
Legal and professional costs	5,909	-	5,909	3,520
	<u>14,137</u>	<u>76,658</u>	<u>90,795</u>	<u>89,764</u>

10 Net income before transfers

This is stated after charging:

Independent Examiner's fee

Other fees paid to the auditor or  
independent examiner

2025

£

480

480

2024

£

-

-

11 Staff costs

Salaries and wages

Pension costs

2025

51,554

1,802

53,356

2024

64,777

-

64,777

No employee received emoluments in excess of £60,000.

12 Creditors:

amounts falling due within one year

2025

£

3,274

232

961

4,467

2024

£

-

294

-

294

Other taxes and social security

Other creditors

Accruals

NATALIE MENDEZ 02/12/25 N.Mendez

(10)



Alternatives to Violence Project, Britain  
Notes to the Accounts

13 Movement in funds

	At 1 April 2024	Incoming resources (including other gains/losses ) £	Resources expended £	At 31 March 2025 £
Restricted funds:				
Restricted income funds:				
Restricted Grants	16,254	73,914	(81,276)	8,892
	6,699	-	-	6,699
	5,106	-	-	5,106
<b>Total</b>	<b>28,059</b>	<b>73,914</b>	<b>(81,276)</b>	<b>20,697</b>
Unrestricted funds:				
General funds	64,627	26,836	(16,581)	74,882
<b>Total funds</b>	<b>92,686</b>	<b>100,750</b>	<b>(97,857)</b>	<b>95,579</b>

Purposes and restrictions in relation to the funds:

Restricted funds:

Restricted Grants

14 Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total £
Net current assets	15,406	80,173	95,579
	<b>15,406</b>	<b>80,173</b>	<b>95,579</b>

15 Reconciliation of net debt

	At 1 April 2024 £	Cash flows £	At 31 March 2025 £
Cash and cash equivalents	92,980	7,066	100,046
	<b>92,980</b>	<b>7,066</b>	<b>100,046</b>
Net debt	<b>92,980</b>	<b>7,066</b>	<b>100,046</b>

NATALIE MENDEZ 02/12/25

N. Mendez

(11)



16 Commitments

*Operating lease commitments*

Annual commitments under non-cancellable operating leases are as follows:

	2025	2025	2024	2024
	Land and	Other	Land and	Other
	buildings		buildings	
	£	£	£	£

Operating leases with expiry date:

*Pension commitments*

	2025	2024
	£	£
The pension cost charge to the company amounted to:	<u>1,802</u>	<u>-</u>

17 Related party disclosures

*Controlling party*

The company is limited by guarantee and has no share capital; thus no single party controls the company.



**Alternatives to Violence Project, Britain**  
**Detailed Statement of Financial Activities**  
for the year ended 31 March 2025

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
<b>Income and endowments from:</b>				
<b>Donations and legacies</b>				
Donations	5,470	-	5,470	6,106
Grants	5,000	73,914	78,914	83,726
Gift Aid	203	-	203	-
	<u>10,673</u>	<u>73,914</u>	<u>84,587</u>	<u>89,832</u>
<b>Charitable activities</b>				
Workshop Online	7,240	-	7,240	11,122
Workshop Face to Face	3,550	-	3,550	-
Distance Learning (Prisons)	2,360	-	2,360	4,853
Distance Learning (Communities)	1,915	-	1,915	-
	<u>15,065</u>	<u>-</u>	<u>15,065</u>	<u>15,975</u>
<b>Investments</b>				
Bank Interest	1,098	-	1,098	-
	<u>1,098</u>	<u>-</u>	<u>1,098</u>	<u>-</u>
<b>Total income and endowments</b>	<b>26,836</b>	<b>73,914</b>	<b>100,750</b>	<b>105,807</b>
<b>Expenditure on:</b>				
<b>Costs of other trading activities</b>				
Eventbrite fees	1,005	-	1,005	-
Justgiving fees	39	-	39	-
Fundraising Costs	1,221	-	1,221	396
	<u>2,265</u>	<u>-</u>	<u>2,265</u>	<u>396</u>
<b>Total of expenditure on raising funds</b>	<b>2,265</b>	<b>-</b>	<b>2,265</b>	<b>396</b>
<b>Charitable activities</b>				
Workshop Expenses	179	1,222	1,401	3,251
Facilitator Expenses	0	3,396	3,396	-
	<u>179</u>	<u>4,618</u>	<u>4,797</u>	<u>3,251</u>
<b>Total of expenditure on charitable activities</b>	<b>179</b>	<b>4,618</b>	<b>4,797</b>	<b>3,251</b>
<b>Other expenditure</b>				
Return of previous year Lottery Grant	0	7,362	7,362	-
	<u>0</u>	<u>7,362</u>	<u>7,362</u>	<u>-</u>
<b>Employee costs</b>				
Salaries/wages	0	51,554	51,554	64,777
Pension costs	1,480	322	1,802	-
	<u>1,480</u>	<u>51,876</u>	<u>53,356</u>	<u>64,777</u>
<b>Premises costs</b>				

NATALIE MENDEZ

02/12/25.

N. Mendez

13



**Alternatives to Violence Project, Britain**  
**Detailed Statement of Financial Activities**

Rent	3,026	10,500	13,526	13,089
	<u>3,026</u>	<u>10,500</u>	<u>13,526</u>	<u>13,089</u>
General administrative costs, including depreciation and amortisation				
Bank charges	120	-	120	-
General insurances	548	-	548	548
Postage and couriers	0	4,105	4,105	5,494
Software, IT support and related costs	766	-	766	-
Stationery and printing	0	2,205	2,205	1,911
Subscriptions	847	-	847	-
Sundry expenses	1,319	610	1,929	273
Telephone, fax and broadband	122	-	122	152
	<u>3,721</u>	<u>6,921</u>	<u>10,642</u>	<u>8,378</u>
Legal and professional costs				
Accountancy and bookkeeping	5,840	-	5,840	3,520
Other legal and professional costs	69	-	69	-
	<u>5,909</u>	<u>-</u>	<u>5,909</u>	<u>3,520</u>
Total of expenditure of other costs	<u>14,137</u>	<u>76,658</u>	<u>90,795</u>	<u>89,764</u>
Total expenditure	16,581	81,276	97,857	93,411
Net gains on investments	-	-	-	-
Net income	10,255	(7,362)	2,893	12,396
Net income before other gains/(losses)	10,255	(7,362)	2,893	12,396
Other Gains	-	-	-	-
Net movement in funds	<u>10,255</u>	<u>(7,362)</u>	<u>2,893</u>	<u>12,396</u>
Reconciliation of funds:				
Total funds brought forward	64,627	28,059	92,686	80,290
Total funds carried forward	<u>74,882</u>	<u>20,697</u>	<u>95,579</u>	<u>92,686</u>

NATALIE MENDEZ 02/12/25 N. Mendez (14)