

Post-workshop survey



To help us evaluate our workshops, we'd like to ask you to reflect a bit on:

what's happened in your life since attending an AVP workshop.

I attended a workshop on:/...../.....

Initials

I attended a workshop at.....

Please rate yourself according to the following statements as you are now.

<i>1. I understand myself</i>				
Always	most of the time	sometimes	hardly ever	never
<i>2. I feel good about myself</i>				
Always	most of the time	sometimes	hardly ever	never
<i>3. I'm able to trust other people</i>				
Always	most of the time	sometimes	hardly ever	never
<i>4. I can work well with other people</i>				
Always	most of the time	sometimes	hardly ever	never
<i>5. I am good at listening to other people</i>				
Always	most of the time	sometimes	hardly ever	never
<i>6. I am good at speaking up for myself</i>				
Always	most of the time	sometimes	hardly ever	never
<i>7. I am able to put myself in other people's shoes</i>				
always	most of the time	sometimes	hardly ever	never

<p><i>8. I am able to handle disagreements with other people well</i></p> <p>Always most of the time sometimes hardly ever never</p>
<p>9. Overall, did the AVP workshop have a positive or a negative impact on your life?</p> <p>positive mixed negative</p>
<p><i>10. Will you be attending another workshop in the future?</i></p> <p>yes maybe no</p>
<p><i>11. Is there anything you would like to tell us about the AVP workshop or about how violence and conflict affects your life?</i></p>
<p><i>12. Do you have any comments or suggestions about how we can improve our work?</i></p>

This anonymous survey will help us to improve what we do. We really appreciate your feedback, **Thank you.**